

CITY'S LIFE IN THE PANDEMIC ERA: A SURVEY OF AWARENESS AND PRACTICE OF COVID-19 MEASURES AMONG OUTDOOR RECREATIONISTS IN KANO METROPOLIS

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Abstract

The Corona Virus Disease (COVID-19) has directly and indirectly affected the global social, economic and even political systems. Prevention and management of the disease are among the important policy issues of many nations today. This paper examined the awareness and compliance to preventive measures of COVID-19 among outdoor recreation participants in Kano city, Nigeria. The study equally examined empirically, the effects of the pandemic on participation in outdoor recreation. Survey approach has been adopted through contacting the subjects at various recreational places ($n=384$). Regarding awareness of the disease, although 72.7% of the respondents considered COVID-19 to be a deadly disease, 54.2% viewed the phenomenon as being highly misinformed. The commonest sources of information are; radio, (25.3%), social networks (18.8%) and National Centre for Diseases Control (NCDC) official website (17.4%). The least preventive measure being complied with is avoidance of handshake (with a mean score of 2.92) while the highest being covering of mouth during cough or sneeze (with a mean score of 3.58). The study concluded with the need for additional research aimed at characterising and understanding the awareness and practice of preventive measures among different social groups.

Keywords: Recreation, Outdoor, Corona Virus, Wellbeing, Planning